



## For a better sense of time

### Time Log

Time is an abstract concept. Many people struggle with their sense of and understanding of time.

The Time Log is an assistive device for individuals who have trouble understanding standard notions of time, estimating when a particular activity will occur, and estimating how long an activity will take. It is also for individuals who easily lose track of time while performing an activity.

With the Time Log, you can learn to perceive time using clear LEDs that go out as time passes. This gives you a sense of time.

The Time Log is available in three versions and suits all age groups.



**ABILIA**

## IMPROVE YOUR SENSE AND UNDERSTANDING OF TIME

When the usual concept of time is too abstract and you cannot get a sense of what time of day it is by looking at the clock, you can use the Time Log.

The Time Log visualises the abstract concept of time by using simple LEDs that go out as time passes. With the Time Log, you can clearly see when you should begin a specific activity and how long you should continue with that activity.

### THE TIME LOG SUPPORTS YOU

#### HOW MUCH TIME IS LEFT UNTIL SOMETHING HAPPENS?

"I need to leave in 13 dots"



#### HOW LONG?

"It helps me to know how long I should be in the shower."



#### FOCUS ON AN ACTIVITY

"I need to brush my teeth for two minutes. I keep brushing until the Time Log alarm goes off."



#### FINISH ON TIME

"With the Time Log, I don't take too long eating my breakfast."



## EASY TO UNDERSTAND

The Time Log counts down in preset time intervals. When the start button is pressed for the required time, the corresponding number of LEDs light up and the countdown begins. The countdown is visualised by a line of LEDs that go out one by one. When the countdown finishes, the LEDs begin to flash and an acoustic alarm sounds. You can also adjust the volume.

### THREE VERSIONS

**Time Log 60 minutes**  
counts down in time intervals of 15, 30, 45 and 60 minutes.



**Time Log 20 minutes**  
counts down in time intervals of 5, 10, 15, and 20 minutes.



**Time Log 8 minutes**  
counts down in time intervals of 2, 4, 6 and 8 minutes.



### COMES WITH

Two 1.5V alkaline batteries sufficient for about 60 hours of use.

Sticker with numbers for marking the buttons depending on the version of the Time Log.

#### TECHNICAL INFORMATION

Size	111x52x27 mm
Weight	115 g

#### PRODUCT

Time Log 60 minutes	460135
Time Log 20 minutes	460130
Time Log 8 minutes	460140

#### ART NR

#### ACCESSORIES ART NR

Waterproof bag	462126
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