

# Manage your daily routines

**HandiCalendar** 

HandiCalendar is an aid that helps you to know what needs to be done and ensures that you get started. Being able to perform various activities independently often leads to a greater sense of self-confidence.

The calendar gives you an overview of your day, week and month. You receive clear alarms when the activities begin and end. You can use images and have the text read out loud using speech synthesis. You can link additional information, such as a checklist or a phone number to each activity. This gives you instant access to all the information that you need when the activity begins.

You can install HandiCalendar to your iOS or Android device. If you use an iOS-device you can also see your calendar in your Apple Watch, and view your activities when your mobile phone is unavailable, such as when you are exercising, in a lecture or at a meeting. This means you are always able to have an overview of your day and upcoming activities.

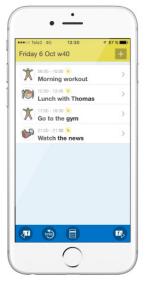
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### **CLEAR OVERVIEW**

You can select how you would like your activities to be displayed, either in a list view or in a time column. Within the time column, illuminated dots are shown throughout the day and provide you with a clear overview of how much of the day has passed, and how much of the day remains.







Example: Time pillar on Android

## **KEEP TRACK OF YOURSELF**

Checklists work as a support for keeping track. You can link checklists to your activities, such as what you need to bring to school or sports, so you can feel confident that you have not forgotten anything. You can also receive reminders before an activity begins, either as a sound or vibration.

### KEEP EVERYTHING IN CHECK

HandiCalendar for iOS offers an app for Apple Watch. By using Apple Watch, you can view a list of the day's activities via images and visual time support. Apple Watch allows you to have a permanent overview of your activities, even if your mobile isn't to hand.

# EASY TO UNDERSTAND AND MANAGE

The activities can be displayed via images and text, making it simple for you to understand what you are supposed to do. You can easily create and manage your own activity templates using images, time and checklists for recurring activities, which saves you time and creates a clear structure for you.

### **REMOTE ASSISTANCE**

Via myAbilia web service, you can use any computer to manage your calender, your photos and your checklists. By using myAbilia, your relatives can also see whether your activities were executed. This creates a great sense of security for both you and your family. myAbilia also works as a back-up for all your data.



### LICENCE AND ACCOUNT

The licence for HandiCalendar is valid for one year, and also includes an account within myAbilia. Support persons and administrators will receive a clear reminder to extend the licence three months before it expires.

#### **DELIVERED WITH**

HandiCalendar comes with manual and license key. The app is downloaded from App Store and/or Google Play.

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TECHNICAL SPECIFICATIONS
iOS version 10 or later
Android version 6 or later

