



# Structure in everyday life

## MEMOplanner

It's sometimes difficult to create structure in everyday life. It takes a lot of energy to try to keep track of everything, which may make you feel stressed and anxious.

The MEMOplanner is a time and planning aid that you simply place where it can be seen in your home. It assists you by showing what day it is, the time of day, and what activities you have scheduled for the day, week and month. It also gives you clear reminders and helps you with checklists.

The MEMOplanner helps you to take control of your life, making you feel more secure and enabling you to live a richer life. Studies show that the MEMOplanner can reduce stress for both you and your family members - resulting in fewer disagreements over daily tasks. Other studies show that time-based support such as the MEMOplanner can help you to increase and improve your sense of time.

Art.nr: 462875 MEMOplanner Medium  
Art.nr: 462880 MEMOplanner Large



**ABILIA**

## A CLEAR OVERVIEW OF YOUR DAY

You can choose how your activities are displayed, either in a list view or a time column. With the time column all or part of the day is shown as illuminated dots that switch off one-by-one as time passes. This gives you a clear indication of how much of the day has passed. The calendar surface is divided into two different areas to separate different types of information. For example, you could have school or work on one side and personal information on the other.

The calendar shows whether it is morning, afternoon, evening or night. The screen also becomes darker at night to make it more discreet. All information can also be read out loud to you through speech synthesis.

## REMINDERS THAT WORK FOR YOU

To help you to remember activities, they are displayed with both image and text. They can have a checklist or a note linked to them, and the reminder can be a personal recorded message. You can create recurring activities simply and easily by using templates - you can include an image, time required, checklist and other information.

## NEVER OUT OF YOUR SIGHT

The format of your MEMOplanner makes it easy for you to display it somewhere it can always be seen easily in your home.

## TAKE IT WITH YOU

You can install MEMOplanner software on your own Android phone at no extra charge. This way you can take the support along with you when you're not at home.



You can customise the view to best suit your needs. The day view and the week view both give you a good overview in different ways.

## REMOTE ASSISTANCE

MEMOplanner includes the MEMOplanner Go app, enabling you to take your MEMOplanner functionality with you when you leave the home. You can get an overview of the day, keep track of time, get reminders and change the plans for the day if needed. The app can be installed on your iOS or Android smartphone and is activated through your MEMOplanner license.



### MEMOPLANNER COMES WITH

MEDIUM: Power adapter, table stand, wall mount, voucher, soft bag, manuals and cleaning cloth.

LARGE: Power adapter, wall mount, voucher, manuals and cleaning cloth.

### TECHNICAL SPECIFICATIONS

	MEDIUM	LARGE
Screen size:	10"	24"
Size:	26 x 16 x 1cm	60 x 36 x 4cm
Weight:	0.6kg	4.6kg
Built in cameras:	Front and Back	Front