

Do you have difficulty keeping track of time, remembering what to do and for how long time? Or get too distracted by what is in front of you and then forget to go shopping, clean up or eat lunch?

Then you can use MEMOdayplanner, an easy-to-use 24-hour planning board that shows you the time in a concrete way, and gives you a clear view of the day. Using a column of red lights where each light switch off for every quarter or count down during the day and night, you can easily understand where you are in the day. You can also see how long it is until your next activity and what you have coming up later in your schedule.

Studies show that having a good structure in your daily life will reduce stress for both you and your family, allowing you to have a more control over your emotions and giving you confidence to manage everyday life on your own.





# MANAGE YOUR TIME AND EVERYDAY ACTIVTIES

MEMOdayplanner is a magnetic whiteboard that shows you the time in a concrete way as well as your planned activities during the day.

On the planning board you have two different light columns in different colours, making it easy to see whether it is day or night and a single red light. The single light shows you what time it is where you are in the day or night.

You can choose if the light column displays as a timeline with a light switching off every 15 minutes, or as a single light that moves down as time passes. You choose the version that suits you best.



### REMINDERS THAT WORK FOR YOU

You can set an alarm with an alert sound or flashing light to ensure that you look at the board when it is time for something important, like taking your medicine on time.

# TWO VERSIONS

MEMOdayplanner 3 is available in two versions; 12 or 24 hours.

It comes with a power adapter, three whiteboard markers, one microfibre towel, table stand, lockable door and material for personalisation.



#### PERSONALISE YOUR PLANNING BOARD

You can easily personalise MEMOdayplanner in the way that work best for you. As well as writing on it you can add magnets, photos and images to illustrate different activities in your schedule.

The free online resource 'Abilia print it' allows you to print symbols and photos to add to your MEMOdayplanner.

The brightness of the lights can be adjusted if you find them too bright or if they are not bright enough for the light conditions in your room.

# USER FRIENDLY

ART NR

508811

508810

The board is a standalone device that is not connected to the Internet. Just plug the board into the wall socket and it will be ready to use. You can write directly on the board as well as using magnets with text, pictures and symbols.

# NEVER OUT OF YOUR SIGHT

MEMOdayplanner is best mounted on the wall so it is always within your sight when you need to know what time of day it is, or you can also use a table stand.



TECHNICAL Size Weight Power Supply

INFORMATION 713x392x32mm 4.1kg ly 9V DC, 1A PRODUCT MEMOdayplanner 3 - 12 hour version MEMOdayplanner 3 - 24 hour version

ACCESSORIES Magnetic strips 12 hours Magnetic strips 24 hours Pen holder ART NR 508789 508788 508795

